

# Hollywell's PSHE Curriculum Roadmap



## Belonging to a Community

YR	Y1	Y2	Y3	Y4	Y5	Y6
Positive attitudes towards difference; developing a willingness to listen to the ideas of others	Understanding what rules are; caring for others' needs; looking after the environment	Belonging to a group; roles and responsibilities; being the same and different in the community	Looking at the value of rules and laws; rights, freedoms and responsibilities	Understanding what makes a community; shared responsibilities	Protecting the environment; compassion towards others	Valuing diversity; challenging discrimination and stereotypes

## Families and Relationships

YR	Y1	Y2	Y3	Y4	Y5	Y6
Special people, what makes them special and how special people care for one another	Understanding the roles of different people; families; feeling cared for	Making friends; feeling lonely and getting help	Understanding what makes a family; features of family life	Looking at positive friendships, including online	Managing friendships and peer influence	Understanding attraction to others; romantic relationships; civil partnership and marriage



## Respecting Ourselves and Others

YR	Y1	Y2	Y3	Y4	Y5	Y6
Developing a sense of fair play and a willingness to take turns and share	Understanding how behaviour affects others; being polite and respectful	Recognising things in common and differences; playing and working cooperatively; sharing opinions	Recognising respectful behaviour; the importance of self-respect; courtesy and being polite	Respecting differences and similarities; discussing difference sensitively	Responding respectfully to a wide range of people; recognising prejudice and discrimination	Expressing opinions and respecting other points of view, including discussing topical issues

## Physical Health and Mental Wellbeing

YR	Y1	Y2	Y3	Y4	Y5	Y6
Recognising the importance of basic and personal hygiene; understanding the importance of healthy food choices	Knowing the importance of keeping healthy; food and exercise; hygiene routines; sun safety	Understanding why sleep is important; medicines and keeping teeth healthy managing feelings and asking for help	Looking at health choices and habits; what affects feelings; expressing feelings	Maintaining a balanced lifestyle; oral hygiene and dental care	Examining healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	Looking at what affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online



## Safe Relationships

YR	Y1	Y2	Y3	Y4	Y5	Y6
Recognising the concept of privacy, including the right to keep things private	Recognising privacy; staying safe; seeking permission	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour	Understanding personal boundaries; safely responding to others; the impact of hurtful behaviour	Responding to hurtful behaviour; managing confidentiality; recognising risks online	Understanding physical contact and feeling safe	Recognising and managing pressure; consent in different situations

## Keeping Safe

YR	Y1	Y2	Y3	Y4	Y5	Y6
Understanding the concept of rules (in class and in school) and how these rules help us	Understanding how rules and age restrictions help us; keeping safe online	Understanding safety in different environments; risk and safety at home; emergencies	Looking at risks and hazards; safety in the local environment and unfamiliar places	Looking at medicines and household products; drugs common to everyday life	Keeping safe in different situations, including responding in emergencies, first aid	Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media



## Growing and Changing

YR	Y1	Y2	Y3	Y4	Y5	Y6
Developing their awareness of self and their own uniqueness	Recognising what makes them unique and special; feelings; managing when things go wrong	Looking at growing older; naming body parts; moving class or year	Recognising personal strengths and achievements; managing and reframing setbacks	Overview of some physical and emotional changes in puberty; external genitalia; personal hygiene routines	Looking at personal identity; recognising individuality and different qualities; mental wellbeing; examining physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty	Understanding human reproduction and birth; increasing independence; managing transitions

## Media Literacy and Digital Resilience

YR	Y1	Y2	Y3	Y4	Y5	Y6
Using and sharing different types of technology such as a recordable book, a camera, a tablet or computer to express and record ideas and complete simple tasks	Effectively and safely using the internet and digital devices; communicating online	Looking at how the internet is used in everyday life; online content and information	Comprehending how the internet is used; assessing information online	Exploring how data is shared and used	Looking at how information online is targeted; different media types, their role and impact	Evaluating media sources; sharing things online



## Money and Work

YR	Y1	Y2	Y3	Y4	Y5	Y6
Begin to understand that jobs help people earn money and pay for things. Talk about different jobs that people do.	Understanding strengths and interests; jobs in the community	Looking at what money is; needs and wants; looking after money	Looking at different jobs and skills; job stereotypes; setting personal goals	Making decisions about money; using and keeping money safe	Identifying job interests and aspirations; what influences career choices; workplace stereotypes	Looking at influences and attitudes to money; money and financial risks

