



## Children's Anti-Bullying Policy

At Hollywell Primary School, we want a caring, friendly and safe place for all of our children. Bullying of any kind is not allowed here. If you are feeling upset or worried about anything, **please tell an adult** working at the school; an adult that you trust. This could be Mrs Ellis, any teachers, teaching assistants, office staff, midday supervisors.

You will be **listened to** and we will **help you**.

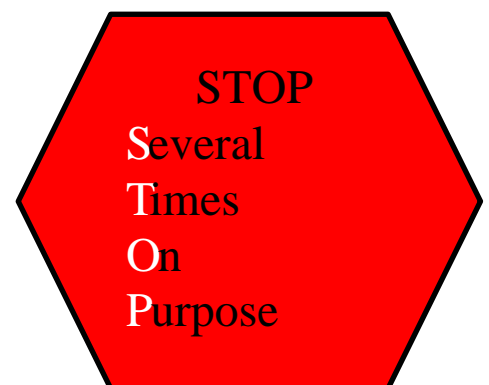
### What is Bullying?

Children will tease, fall in and out with each other, have arguments, stop talking to each other and agree and disagree about what's cool and what's not. Don't worry, this is a normal part of growing up and is not bullying.

Whilst unruly behaviour towards each other, is not acceptable - this is not regarded as bullying.

**Bullying behaviour** usually is:

- **Deliberate** – hurting someone on purpose – it is not accidentally hurting them
- **Unfair** – the intended target is hurt and doesn't deserve this
- **Repeated** – it can go on and on and can happen again and again



This will happen for no apparent reason. Bullying behaviours can include:

- Being hit, kicked, tripped, poked,
- Having belongings stolen or damaged
- Being called names, teased or humiliated
- Being ignored, left out, people talking about you

- Receiving nasty text messages emails or pictures on social networks – this is known as Cyber bullying. This includes being nasty on Whatsapp or Snapchat.
- Spreading rumours or starting group chats about you
- Trolling you or commenting on your posts or pictures saying nasty things
- Targeting you over and over again in an online game.

### **If you are being bullied it is never your fault!**

At Hollywell Primary School we encourage everyone to respect others and celebrate similarities and differences in all people.

Those involved in bullying behaviours may take on one of the following roles:

- Leader – leading the bullying activity
- Assistant –helping the leader
- Reinforcer – watching, perhaps laughing
- Target – the target of the bullying behaviour
- Defender – tries to stop the bullying
- Outsider – walks away without getting help

In class work, we will explore and discuss these roles and help all children to make positive choices.

### **What to Do if You Worried about Bullying Behaviour**

- Tell someone – it could be a friend, someone in your family or an adult in the school. We need to know what is happening so we can help you.
- The incident will be investigated and we will talk to everybody involved.
- We may do some work with a group or a class to encourage children to make better choices and to think of others' feelings.

### **Where to get Help**

Bullying Online - [www.bullying.co.uk](http://www.bullying.co.uk)

Childline - 0800 1111 <https://www.childline.org.uk/>